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Dental Benefit Frequency Breakdown

The following benefit frequency breakdown applies to all members with Allegiant Care* dental coverage. Note: Plan deductibles, calendar year maximums, orthodontic maximums and implant coverage vary by plan.

	TTMO
Periodic Exams	TWO periodic exams (0120) allowed per calendar year – no minimum wait period between exams
Cleanings (adult)	TWO cleanings allowed per calendar year (may include a combination of any two of the following codes: 1110, 4355, 4910 and 4346 – no minimum wait period between cleanings)
Cleanings (child)	TWO cleanings allowed per calendar year, (no minimum wait period between cleanings)
Bitewing X-rays	ONE set of bitewing x-rays allowed per calendar year
Full mouth X-ray	ONE set allowed in a three-year period
Panorex X-ray	ONE Panorex X-ray allowed in a three year period
Fluoride Treatment	TWO treatments per calendar year through the age of 18
Sealants	Covered once per lifetime on unrestored permanent molars and bicuspids, through the age of 18
Fillings	Same tooth#, same surfaces not covered if less than 12 months
Posterior Composites	Composite on posterior teeth will not be downgraded to a silver filling. (Eff. 1/1/2015)
Periodontal Scaling	 X-rays and charting REQUIRED. If less than four teeth in the quad – indicate tooth #s If procedure repeated within 12-months – justification required If more than two quads are done in one visit – provide reason all quads done on same day AND patient's time in chair
Prosthetics	Replacement period is five years. No missing tooth clause. Crown/bridge/denture benefits are based on the prep date
Orthodontics	Benefit varies by plan. There is a six-month waiting period if the plan has the orthodontic benefit
Root Canals	Benefits for root canals are based on the actual number of canals, not tooth position. If a tooth is a bicuspid and the final PA shows one canal, a benefit for one canal will be paid, NOT two canals
Occlusal Guard	Replacement once every five years
OAT Morning Repositioning Device	By report; if approved, replacement once every five years
Retorquing Loose Implant Screws	Per screw; once every five years

^{*} Allegiant Care was formerly known as Northern New England Benefit Trust